



**PERFORMANCE APPRAISAL REPORT**

(for self appraisal of teachers)

- a) Name : **Dr. VINEJ SOMARAJ**
- b) Address (Residential) : **INDUSOMA, PADA-SOUTH, KARUNAGAPATTY, KOLLAM, KERALA - 690518** Ph. No. : **+918105170815**  
**+917907277928**
- c) Designation : **SENIOR LECTURER**
- d) Department : **PUBLIC HEALTH DENTISTRY**
- e) Area of Specialization : **PUBLIC HEALTH DENTISTRY**

**Academic Qualifications:**

Course	University	Year passed
BDS	KANNUR UNIVERSITY	2011
MDS	YENEPLOYA UNIVERSITY	2016
Any other		

**Research Experience & Training**

Publications	18 (List attached) <small>(give a list separately)</small>
Research Guidance <small>(give names of students guided successfully)</small>	
Research Projects carried out	Research Projects = 3 (List Attached)
Any other	

**Seminars, Conferences, Symposia Workshops etc. Attended:**

Name of the Seminar/ Conference/ Symposia Workshop, etc	Place and Date
Conference = 8 (List attached)	
Symposia = 1 (List attached)	
Workshop = 6 (List attached)	
CME/CDE = 19 (List attached)	

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## Publications: (Published)

WORK	NUMBER
Textbook	3
Poster	2
Short Communication	1
Review Article	4
Case Report	3
Original Research	5
<b>TOTAL</b>	<b>18</b>
<b>Citations</b>	<b>6</b>
<b>h-index</b>	<b>2</b>

## PUBLICATION LIST

### Textbooks

1. Somaraj V, Shenoy RP, Panchmal GS. Evidence Based Dentistry. Germany: LAP Lambert Academic Publishing; 2015
2. Somaraj V. Atraumatic Restorative Treatment. Mauritius: LAP Lambert Academic Publishing; 2017.
3. Somaraj V. Lifestyle & Oral Health. Mauritius: LAP Lambert Academic Publishing; 2017.

### Posters

1. Somaraj V, Shenoy RP, Panchmal GS. Happy Healthy Smiles for Life Dent Poster J 2015; 4(4):1.
2. GM Lekshmi, S Vinej. Eco-Friendly Dentistry. Dent Poster J 2015; 4(6):1.

### Journal Articles (Short Communication)

1. Jodalli P, Panchmal GS, Sonde L, Somaraj V. Village of Twins: A Mystery. JOADMS 2016;2(2):3-6.

### Journal Articles (Review Article)

1. Somaraj V, Shenoy RP, Panchmal GS, Jodalli P, Sonde L. Smiles for Life: Model for Child Oral Health Promotion - A Proposal. Int J Oral Health Med Res 2015;2(3):85-87.

2. Somaraj V, Shenoy RP, Panchmal GS, Jodalli P, Sonde L. Evidence Based Dental Practice: A Review. JOADMS 2015;1(3):112-122.
3. Pandian A, Jaishree S, Jarifa GA, Daniela JA, Junia AS, Somaraj V. Oral Probiotics on the Horizon: A Review. Int Healthcare Res J 2017;1(2):10-5.
4. Somaraj V. School Dental Health Programs – A Way to Meet the Unmet Oral Health Needs. J Dent Treat Oral Care 1(1): 103.

#### Journal Articles (Case Report)

1. Jodalli P, Panchmal GS, Sonde L, Somaraj V. A Non-Identical Twin from the Village of Twins with Identical Occlusal Characteristics - A Case Report. Int J Health Sci Res. 2016; 6(10):260-264.
2. Jodalli PS, Panchmal GS, Sonde L, Somaraj V. Heterogeneous Occlusal Traits among Monozygotic Twins from the Village of Twins – A Report of 3 Cases. Ann Int Med Den Res. 2016; 2(6):DE19-DE23.
3. Somaraj V. Esthetic Rehabilitation using Zirconia-Based All-Ceramic Crown – A Case Report and Review of Literature. Int J Oral Health Med Res 2016;3(3):47-49.

#### Journal Articles (Original Research)

1. Jodalli PS, Panchmal GS, Sonde L, Somaraj V. Comparative Evaluation of Posterior Tooth Dimensions among Twin Pairs from A Unique Village of Twins: An Ex-Vivo Study. Int J Appl Dent Sci 2016; 2(4):12-15.
2. Francis J, Shetty R, Shenoy K, Somaraj V. Comparative Evaluation on the Influence of Different Curing Cycles on the Mechanical Properties of Three Commercially Available Denture Base Resins: An In-Vitro Study. JOADMS 2016;2(3):23-30.
3. Somaraj V, Shenoy RP, Panchmal GS, Kumar V, Jodalli P, Sonde L. Effect of Herbal and Fluoride Mouth Rinses on Streptococcus mutans and Dental Caries among 12-15-Year-Old School Children: A Randomized Controlled Trial. Int J Dent 2017. Article ID 5654373, 8 pages. doi:10.1155/2017/5654373 (PubMed Indexed)
4. Somaraj V, Shenoy RP, Panchmal GS, Kumar V, Jodalli P, Sonde L, Karkal R. Assessment of Knowledge, Attitude and Anxiety Pertaining to Basic Life Support (BLS) and Medical Emergencies among Interns in Dental Colleges of Mangalore City: A Questionnaire Study. World J Emerg Med 2017;8(2):131-135. (PubMed Indexed)

5. Jodalli PS, Panchmal GS, Somaraj V, Koya S. Dentofacial Characteristics among Monozygotic and Dizygotic Twin Pairs from a Unique Village of Twins in South India: A Descriptive Cross-sectional Study. Int J Recent Surg Med Sci 2017;3(1):25-28.

**Publications: (Accepted for Publication) – (Total = 1)**

1. Effect of Consumption of Paneer and Cheese on Salivary Acidogenicity and Calcium Concentration – A Comparative Study (**Oral Health and Preventive Dentistry – Indexed Journal**)

  
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**Research Projects:**

Sl. No.	Research Stage	Title	Place of Research
1	M.D.S. (Final Dissertation/Thesis)	Effect of Herbal and Fluoride Mouthrinses on Streptococcus Mutans Count, Glucan Synthesis by Streptococcus Mutans and Dental Caries among 12 – 15 Year Old School Children in Mangalore – A Randomized Controlled Trial	Yenepoya Dental College, Yenepoya University, Mangalore, Karnataka
2	M.D.S. (Short Project)	Effect of Consumption of Paneer and Cheese on Salivary Acidogenicity and Calcium Concentration – A Comparative Study	Yenepoya Dental College, Yenepoya University, Mangalore, Karnataka
3	M.D.S. (Short Project)	Assessment of Knowledge, Attitude and Anxiety Pertaining to Basic Life Support (BLS) and Medical Emergencies among Interns in Dental Colleges of Mangalore City: A Questionnaire Study	Yenepoya Dental College, Yenepoya University, Mangalore, Karnataka

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**Conferences/Conventions (State/National/International):**

1. XVIII National Conference of Indian Association of Public Health Dentistry held on 22<sup>nd</sup> – 24<sup>th</sup> November, 2013 at Sardar Patel Post Graduate Institute of Dental & Medical Sciences, Lucknow, Uttar Pradesh
2. 8<sup>th</sup> National IAPHD PG Convention held on 5<sup>th</sup> and 6<sup>th</sup> of July, 2014 at I.T.S. Dental College, Hospital & Research Centre, Greater Noida, Uttar Pradesh
3. 2<sup>nd</sup> Inter State and 42<sup>nd</sup> Karnataka State Dental Conference held on 27<sup>th</sup> – 30 November, 2014 at Sahyadhri Institute of Technology, Mangalore, Karnataka
4. XIX National Conference of Indian Association of Public Health Dentistry held on 20<sup>th</sup> – 22<sup>nd</sup> November, 2014 at Cochin, Kerala
5. 9<sup>th</sup> National IAPHD PG Convention held on 19<sup>th</sup> & 20<sup>th</sup> June, 2015 at Narayana Dental College & Hospital, Nellore, Andhra Pradesh
6. International Conference on "Oral Health and Well Being" Capturing Global Expertise held on 15<sup>th</sup> – 17<sup>th</sup> October, 2015 at A.B. Shetty Memorial Institute of Dental Sciences, Mangalore, Karnataka
7. XX National Conference of Indian Association of Public Health Dentistry held on 20<sup>th</sup> – 22<sup>nd</sup> November, 2015 at Manipal College of Dental Sciences, Manipal University, Manipal, Karnataka
8. 43<sup>rd</sup> Karnataka State Dental Conference held on 18<sup>th</sup> – 20<sup>th</sup> December, 2015 at B.C. Road, Mangalore, Karnataka

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**CDE/CME/Symposium (State/National/International):**

Sl. No.	Title	Date	Place
1	Towards Success in Research – Need for Best Practices	06/07/2013	Manipal University
2	Yenlighten	14/08/2013	Yenepoya University
3	Implant – Solutions	17/08/2013	Yenepoya University
4	First International CME on Public Health Ethics	12/09/2013	Yenepoya University
5	Prefabricated Composite Veneers: Fast, Furious & Fabulous Compoeneers	19/09/2013	Yenepoya University
6	Forensic Odontology – A Update	26/09/2013	Yenepoya University
7	Reconstructive Maxillofacial Surgery Perception & Progression	08/10/2013	Yenepoya University
8	A Pathophysiological Kaleidoscope of Conception and Pregnancy	19/12/2013	Yenepoya University
9	Oral Health Policy Phase-1 for Karnataka (A State Level Symposium)	17/02/2014	Yenepoya University
10	Tobacco Use Cessation	07/06/2014	Manipal University
11	Restorative Considerations in Clinical Practice	12/08/2014	Yenepoya University
12	Problem Solving in Restorative Dentistry	22/09/2014	Yenepoya University
13	Perspectives in Regenerative Medicine	09/02/2015	Yenepoya University
14	PATHFINDER – II	19/02/2015- 20/02/2015	Bangalore
15	CBCT – An Insight	19/03/2015	Yenepoya University
16	International CME “The Skeleton Speaks...”	23/03/2015	Yenepoya University
17	Oral Cancer – Current Status & Research Opportunities	23/03/2015	Yenepoya University
18	YENPEDO.EDU-5	24/06/2015	Yenepoya University
19	PATHFINDER – III	12/02/2016- 13/02/2016	Bangalore

  
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**Workshop (State/National):**

SL No.	Title	Date	Place
1	Basic Research Skills	30/09/2013	Yenepoya University
2	Reference Management with ENDNOTE	16/09/2013	Yenepoya University
3	Basic Educational Technology for Post Graduates	11/12/2013- 12/12/2013	Yenepoya University
4	National Level Workshop on 25 Years of Successful ART Approach	01/12/2014- 02/12/2014	Government Dental College, Bangalore
5	Workshop on Developing a Protocol for a Cochrane Systematic Review	08/06/2015- 12/06/2015	CMC, Vellore
6	"ANVESHAN" Re-search in Research	15/10/2015- 16/10/2015	A.J.I.D.S. Mangalore

  
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**Presentations (State/National/International): (Total = 5)**

➤ **Poster Presentation (National)**

1. "Happy Healthy Smiles For Life" at XVIII National Conference of Indian Association of Public Health Dentistry held on 22<sup>nd</sup> – 24<sup>th</sup> November, 2013 at Sardar Patel Post Graduate Institute of Dental & Medical Sciences, Lucknow, Uttar Pradesh

➤ **Paper Presentation (State)**

1. "Comparative Evaluation of Dentition Status and Salivary Biochemical Parameters among 12 – 15 Years Old Residential and Non-Residential Schoolchildren: An In-Vivo Study" at 43<sup>rd</sup> Karnataka State Dental Conference held on 18<sup>th</sup> – 20<sup>th</sup> December, 2015 at B.C. Road, Mangalore, Karnataka

➤ **Paper Presentation (National)**

1. "Effect of Consumption of Paneer and Cheese on Salivary Acidogenicity and Calcium Concentration – A Comparative Study" at XIX National Conference of Indian Association of Public Health Dentistry held on 20<sup>th</sup> – 22<sup>nd</sup> November, 2014 at Cochin, Kerala
2. "Assessment of Knowledge, Attitude and Anxiety Pertaining to Basic Life Support (BLS) and Medical Emergencies among Interns in Dental Colleges of Mangalore City: A Questionnaire Study" at XX National Conference of Indian Association of Public Health Dentistry held on 20<sup>th</sup> – 22<sup>nd</sup> November, 2015 at Manipal College of Dental Sciences, Manipal University, Manipal, Karnataka

➤ **Paper Presentation (International)**

1. "Evidence Based Dental Practice: A Literature Review" at International Conference on "Oral Health and Well Being" Capturing Global Expertise held on 15<sup>th</sup> – 17<sup>th</sup> October, 2015 at A.B. Shetty Memorial Institute of Dental Sciences, Mangalore, Karnataka

  
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**Associated Journals:**

- ❖ Senior Editor – International Healthcare Research Journal
- ❖ Reviewer – Journal of Clinical and Diagnostic Research (Indexed Journal)
- ❖ Reviewer – International Journal of Medical and Dental Sciences
- ❖ Reviewer – Journal of Indian Association of Public Health Dentistry
- ❖ Reviewer – International Journal of Tropical Disease & Health
- ❖ Reviewer – International Journal of Medical and Pharmaceutical Case Reports
- ✕ Reviewer – Annual Research & Review in Biology
- ✕ Assistant Editor – International Journal of Academic Research and Development
- ✕ Assistant Editor – International Journal of Medical & Health Research
- ✕ Reviewer – Asian Journal of Medicine & Health

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**Special Skills/Training:**

Sl. No.	Area	Place	Date / Year
1	Hands-On Course on Integrating Dental Implants into Practice from Diagnosis to Placement	Yenepoya Dental College, Yenepoya University, Karnataka	27 <sup>th</sup> November, 2014
2	Specialized training in Biostatistics and Epidemiology for Clinical and Public Health Research using SPSS	Christian Medical College, Vellore, Tamil Nadu	23 <sup>rd</sup> - 27 <sup>th</sup> February, 2015
3	Training in Development of Protocol for a Cochrane Systematic Review	Cochrane South Asia Professor B.V. Moses Centre for Research and Training, Christian Medical College, Vellore, Tamil Nadu	8 <sup>th</sup> - 12 <sup>th</sup> June, 2015
4	Training in Referencing Software - ZOTERO	Cochrane South Asia Professor B.V. Moses Centre for Research and Training, Christian Medical College, Vellore, Tamil Nadu	8 <sup>th</sup> - 12 <sup>th</sup> June, 2015
5	Training in Systematic Review Development Software - RevMan (Review Manager)	Cochrane South Asia Professor B.V. Moses Centre for Research and Training, Christian Medical College, Vellore, Tamil Nadu	8 <sup>th</sup> - 12 <sup>th</sup> June, 2015
6	Rotary System in Endodontics	A.B. Shetty Memorial Institute of Dental Sciences, Mangalore, Karnataka	15 <sup>th</sup> October, 2015



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**Awards/Accolades:**

1. Member of Organizing Committee of **Oral Health Policy for Karnataka State, India**
2. **Best Scientific Paper Award** for presenting paper titled "Evidence Based Dental Practice: A Literature Review" at **International Conference on "Oral Health and Well Being"** Capturing Global Expertise held on 15<sup>th</sup> – 17<sup>th</sup> October, 2015 at A.B. Shetty Memorial Institute of Dental Sciences, Mangalore, Karnataka, India
3. **Best Paper Award** for presenting the scientific paper titled "Assessment of Knowledge, Attitude and Anxiety Pertaining to Basic Life Support (BLS) and Medical Emergencies among Interns in Dental Colleges of Mangalore City: A Questionnaire Study" at **XX National Conference of Indian Association of Public Health Dentistry** held on 20th – 22nd November, 2015 at Manipal College of Dental Sciences, Manipal University, Manipal, Karnataka, India
4. Won "**Best Review Article Award**" for publication titled "Smiles for Life: Model for Child Oral Health Promotion – A Proposal" in '**International Journal of Oral Health and Medical Research**'
5. Invited as **Speaker/Resource Person** at National Seminar – "**Progression of Bioethics in Medical Research & Biological Research**" funded by **Indian Council of Medical Research (ICMR)** and **Ministry of Health & Family Welfare** at Dev Samaj College for Women, Ferozepur, Punjab, India
6. Won the **Jury Recommended Award for Excellence in Dental Research** at the **Indian Health Professionals Awards (HEALTHCARE OSCARS OF INDIA)** 14<sup>th</sup> January 2016 at Pune, India
7. Nominated as the **Emerging Dental Speaker of The Year** at the **Indian Health Professionals Awards (HEALTHCARE OSCARS OF INDIA)** 14<sup>th</sup> January 2016 at Pune, India
8. Nominated as the **Young Dental Achiever of the Year** at the **Indian Health Professionals Awards (HEALTHCARE OSCARS OF INDIA)** 14<sup>th</sup> January 2016 at Pune, India
9. Won the **Winner Award for Excellence in Public Health Dentistry** at the **Indian Health Professionals Awards (HEALTHCARE OSCARS OF INDIA)** 14<sup>th</sup> December 2017 at Delhi, India

10. Nominated for the **Emerging Dental Speaker**

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